



Transitional Council Update  
January 2012  
**Registration for RP**

# Classes of Membership

**There are five classes of members; members of each class of registration are assigned a specific title to use.**

- 1. Registered Mental Health Therapist: intended primarily for individuals who practice psychotherapy as a part of providing other related services (e.g. addiction counselling);**
- 2. Registered Psychotherapist: intended for individuals whose primary practice is psychotherapy;**
- 3. Temporary: intended for individuals registered elsewhere who wish to practice for a brief time in Ontario for a specific, time-limited purpose (e.g. teaching a course);**
- 4. Inactive: intended for existing members who are not in active practice;**
- 5. Qualifying: intended for individuals who have completed an education/ training program and have substantially completed their registration requirements, and who wish to practice under supervision while completing the full requirements (e.g. registration examination, clinical experience, additional coursework, etc.).**

# Application Requirements

- **All applicants must pass the Professional Practice and Jurisprudence exam on basic health law. They must also complete an application form and pay applicable fees. (Within 2 years of the proclamation date). The form elicits the training and experience of the applicant, any past transgressions and other information that may affect his or her ability to practice effectively (e.g. language fluency, professional liability insurance, some current experience). The Registration Committee will examine any shortfalls in these areas and make recommendations.**
- **For the two main classes, Registered Mental Health Therapist and Registered Psychotherapist, there are two routes of entry. Established *Ontario practitioners* will most commonly use the time-limited grandparenting option, and will attain registration by providing portfolio evidence of their education, training and experience.**
- **The second option involves providing proof of successful completion of a formal education and training program, passing the registration examination and completion of supervised clinical experience.**
- **The regulation describes the requirements for each component; however, the portfolio, training, examinations and clinical experience requirements are all informed by the entry-to-practice competencies, approved in principle by the Transitional Council on December 8, 2011.**

# Other Requirements

- **A registered member must meet certain general terms, conditions and limitations; for example, all members must report criminal or other offences, as well as disciplinary findings, and loss of professional liability insurance coverage. Members must also complete the annual renewal form.**
- **You will have to:**
  - **Fill out an application form**
  - **Pay an application fee (one time only)**
  - **Annual fees after that**
  - **Provide any info on criminal offense, misconduct finding**
  - **Inform re. anything that would provide 'reasonable grounds for concern'**
  - **Be a Canadian citizen**
  - **Be able to speak English or French**
  - **Provide proof of graduation from a recognized psychotherapy training program**
  - **Write jurisprudence exam (TBD)**
  - **Write the professional practice exam (TBD)**
  - **Have professional liability insurance (CHTA)**

# Documentation

**5.(2) 3. The applicant must provide a portfolio of evidence of an appropriate level of relevant education, training, experience and supervision related to the scope of practice of the profession with a focus on psychotherapy.**

**(The guidelines for this portfolio have not yet been defined, but it is recommended that you start organizing records of client contact including direct client hours, research, teaching, writing, record keeping. Also records of conferences, seminars and workshops you've attended or given and your graduation diploma or certificates. Also organize your practice supervision history.)**

**5.(2) 5. The applicant must provide a statutory declaration with sufficient information and documentary verification to satisfy the Registration Committee that he or she meets the non-exemptible requirements for registration of this subsection.**

**(This means you have to have a notary sign for the above. Any lawyer can do this. They will ask you is you swear that it is true then put their stamp on it. Fee is usually around \$25)**

# General Educational Requirements

- **5.(1) 1. The applicant must have successfully completed:**
- **i. a structured, coherent program of education and training in psychotherapy which has as a prerequisite an undergraduate degree and which includes at least 360 hours of training and education central to the practice of psychotherapy, which hours exclude practicum, direct client contact hours, and supervision hours, and which program leads to the development of the entry-to-practice competencies listed in Schedule B, or**
- **ii. A program in indigenous practice that leads to the development of the entry-to-practice competencies listed in Schedule B, or**
- **iii. A program that is deemed by the Registration Committee to be substantially equivalent to a program referred to in subparagraph i**
- ***Note that APTI discussions have touched on the notion of a 'clearing house' where if some programs are found not to cover certain required areas, students may obtain these from other programs which do offer them. E.g. History of psychotherapy, psychopharmacology. Nothing yet decided.***

# Client Contact and Supervision

## **In Educational Program:**

- **5.(1) 3. The applicant must have successfully completed at least 450 direct client contact hours and at least 100 hours of clinical supervision related to these client contact hours. This clinical experience must not commence before the commencement of the educational program referred to in paragraph 1.**

## **After Graduation:**

- **5.(3) 1. The members shall not practise psychotherapy independently without clinical supervision until the member has obtained a total of 1000 direct client contact hours and 150 hours of clinical supervision. During this period you will use the title: RP (Qualifying). After completion of these hours you will be an RP.**

# Educational Requirement: Safe and Effective Use of Self

**5.(1) 4. In the course of education and training, the applicant must have successfully completed program components that develop competency in the safe and effective use of self in the psychotherapeutic relationship, as defined in Schedule B.**

**5.(2) 4. The applicant must provide portfolio evidence that demonstrates competency in the safe and effective use of self in the psychotherapeutic relationship, as defined in Schedule B.**

**(The format for this portfolio has not yet been defined).**

# Qualifying Registration

**The applicant must:**

- i. Be enrolled to take the registration exam after substantially completing the education, training and clinical experience requirements**
- ii. Be practising the profession under supervision in order to fulfill a requirement referred to in this regulation**
- iii. Be completing additional education, training or clinical experience after substantially completing the requirements**
- iv. The member shall only practise the profession with clinical supervision**
- v. The certificate of registration expires if the holder is not, at all times pursuing his or her requirements for registration unless the Registrar has provided written permission to interrupt the education, examination or program of clinical experience.**
- vi. The Qualifying certificate expires 5 years after it is issued unless the Registrar is satisfied that exceptional circumstances exist warranting an extension of the certificate, which extension is subject to any terms, conditions or limitations directed by the Registration Committee.**

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